

My New Year's Wish For You

In my book, *Why Love Heals*, I have a chapter titled, "Intuition". In that chapter I included information I was given intuitively by spiritual beings who said they are committed to teaching us to love ourselves, and that we are greatly valued "on the other side of the veil". They pleaded with us to raise the universal consciousness by connecting with our Divine Source: "Humans are always, and will always be connected to Divine Source, the source of love of God. Humans will always be love. Humans must experience emotion (both positive and negative) on this side of the veil in order to grow... If they could just only do this one simple task – to truly learn to love and forgive the negative – and if they could truly love that, and go through a daily ritual, awareness, or task that brings them back into remembrance of who they are, this is the greatest message I would want to give." This is my wish for you.

By Dean Shrock, Ph.D.